

# BREAKFAST



## CHOOSE A LITTLE, CHOOSE A LOT

### AT THE BREAKFAST TABLE

seasonal fruits and berries, yogurt, steel cut oatmeal, cereal favorites, granola, a variety of breads and bagels with cream cheese, bakery selections, scrambled eggs, breakfast potatoes, smoked bacon, sausage, make-your-own waffles, biscuits and gravy ..... 17

## GOOD THINGS FROM OUR KITCHEN

### BERRY AND YOGURT PARFAIT

layered with flax seeds, low-fat vanilla yogurt and house-made granola ..... 8

### STEEL-CUT OATMEAL GF

with sun-dried fruit compote ..... 8

### CEREAL FAVORITES

choose from an array of classics (including gluten-free rice chex) or crunchy granola with seasonal berries or sliced banana ..... 8

### BANANA, STRAWBERRY AND FLAX SEED PROTEIN SMOOTHIE GF

blended with fresh fruits, honey, orange juice, low-fat vanilla yogurt and protein powder ..... 8

### BELGIAN WAFFLE

whipped cream, warm breakfast syrup, strawberry compote ..... 10

### GOLDEN BUTTERMILK PANCAKES

choice of plain, blueberry or chocolate chip. stack of four pancakes served with warm breakfast syrup and butter ..... 10

### BISCUITS & GRAVY

hot biscuits with sausage gravy ..... 9

### STEAK & EGGS\*

7oz black angus flat iron steak, two eggs prepared your way, served with golden hash brown potatoes and choice of toast ..... 19

### BBQ PULLED PORK FRITTATA\*

house-smoked pulled pork, potatoes and pepper jack cheese served with avocado, salsa verde ..... 18

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, AND EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS  
PLEASE NOTIFY YOUR SERVER OF ANY FOOD ALLERGIES

# GOOD THINGS FROM OUR KITCHEN

## EGGS YOUR WAY\* GF

two eggs done your way, golden hash brown potatoes, choice of bacon, ham or sausage and your choice of toast ..... 13

## EGGS BENEDICT\*

two soft poached eggs on a toasted english muffin, canadian bacon and hollandaise sauce .. 13

## CHEF'S OMELET\* GF

three-egg omelet packed with cured ham, bell peppers, sautéed sweet onions, aged swiss and cheddar. served with golden hash brown potatoes and your choice of toast ..... 12

## EGG WHITE AND SPINACH OMELET\* GF

folded with white cheddar cheese and oven-roasted tomatoes served with your choice of toast and choice of fresh fruit or golden hash brown potatoes ..... 12

## FLORENTINE QUICHE\* GF

fresh eggs, spinach and provolone cheese ..... 13

## SMOKED SALMON ON BAGEL CHIPS\*

whole-wheat bagel chips, smoked salmon, capers, chopped eggs, red onion and crème fraîche 13

# EXTRAS

## GOLDEN HASH BROWNS GF

hash brown potatoes ..... 4

## TOASTED BAGEL

with philadelphia® cream cheese, low-fat or regular ..... 5

## THE BAKERY BASKET

a buttery croissant, daily muffin, danish, and your choice of English muffin, sourdough, multi-grain wheat, rye or white toast with jam, honey and butter ..... 7

## A BIG BOWL OF BERRIES GF

a bright mix of seasonal favorites 9

## BREAKFAST MEATS GF

smoked bacon, sausage links or grilled ham ..... 5

## YOGURT GF

a cup of low-fat plain greek, regular vanilla or regular strawberry yogurt ..... 4

# BEVERAGES

## JUICE

orange, grapefruit, apple, cranberry, tomato ..... 5

## MILK

non-fat, 2%, whole, chocolate, soy ... 4

## TAZO® TEA

choose from a selection of regular and decaf hot teas ..... 4

## FRESHLY BREWED STARBUCKS® COFFEE

regular or decaffeinated ..... 4  
latte ..... 5  
cappuccino ..... 5  
espresso ..... 3

**GF** We pride ourselves in providing gluten free menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten free diet, please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions. ©2017 Starwood Hotels & Resorts World Wide, Inc.